



**OFFICER SAFETY TRAINING (OST) RECORD OF  
TRAINING – ANNUAL RE-QUALIFICATION COURSE**

<b>Date:</b>				<b>Venue:</b>			
<b>Instructor Names:</b>							
<b>Instructors (initials):</b>	<b>L.I.</b>	<b>S.O.</b>	<b>S.O.</b>	<b>Instructors (initials):</b>	<b>L.I.</b>	<b>S.O.</b>	<b>S.O.</b>
Safety Briefing				<b>Handcuffing</b>			
SPELS				Back to Back Rear			
Cordons				Stacked (rear)			
OST Warm Up - morning				Stacked (front)			
OST Warm Up - afternoon				Take Down to Prone			
<b>Tactical Positioning</b>				Search on Ground			
Redirection				Lift and Get Up Procedure			
Double Palm Fend Off				2 Person Team			
Thrust Kick				3 Person Team			
Contact and Cover				Wrist Locks with Teams			
<b>Blocks</b>				<b>Holds and Restraints</b>			
High Block				Come Along Hold			
Low Block				CAH to Ground Pin			
Inside Arm Wrap to Takedown				Entangled Arm Locks			
Leg Block				Hammer Lock and Bar			
<b>Strikes</b>				Figure of '4'			
Palm Heel				<b>Ground Defence</b>			
Front Elbow				Falls and Defence			
Knee Strike				Mounted Defence Punch			
Shin Strike				Mounted Defence Choke			
Rear Elbow				<b>Breakaways</b>			
Club Fist				Wrist Grab			
<b>Chock Holds</b>				Bent Arm Single			
Chokes to Front				Bent Arm Double			
Choke Against Solid Object				Straight Arm Single			
Rescue from Choke Hold (2 officers)				Straight Arm Double			
Choke from Side				Inward Rotation			
Choke from Rear (air)				Outward Rotation			
Strangle from Rear (blood and air)				Grab from Rear			
Headlock				Hair Grab from the Front			
<b>Search Procedure</b>				Hair Grab from the Rear			
Full Search Procedure				<b>CS / PAVA</b>			
Strip Searches				CS and PAVA Theory			
Transgender Searches				Single Aggressor Don't Spray			
Ampel Probe				Single Aggressor Spray			
<b>Fastraps</b>				Fend Off and Spray			
Application				Shield and Spray			

**RESTRICTED – WHEN COMPLETE**

Fastraps Continued				CS / PAVA Continued			
Stand Up Procedure				Multiple Aggressors			
Medical Issues				Officer Grounded			
Baton Techniques				Baton Blocks			
Baton Draw				Positional Asphyxia			
Baton Carry				High			
2 Handed Carry				Support			
Baton Open Strike				Strong			
Baton Response Strike				Low			
Baton Strike Closed				Miscellaneous / Awareness Inputs			
Strong and Support Horizontal				Excited Delirium			
Front Jab				Spit Hood			
Rear Jab				PIRC Awareness			
Knife Defence				National Stop and Search Guidelines			
Baton Arm Locks				Short Shields Input			
Strong Side				Docking Clip Awareness			
Support Side							

Venue Risk Assessment		
<b>Additional Information/Issues</b>	Yes <input type="checkbox"/> (add details below)	No <input type="checkbox"/>

- Notes:**
- This form is to be completed for **every** annual re-qualification course delivered.
  - Lead Instructor (L.I.) and Safety Officer (S.O.) should be identified for each technique/ input by placing their initials in the relevant box.
  - Additional Information section, below, to be used as required.
  - Additional Venue Risk Assessment section to be used to identify all issues which are **not** already included in the generic venue risk assessment. This must include details of actions taken to address any issues identified.
  - Injuries declared by students prior to training **must** be recorded within the relevant section below. This must state if they have declared they are fit to train and if they are under the care of OHU.
  - If a student suffers an injury during training, ensure departmental incident/injury form is completed **in addition** to recording on SCOPE.
  - Once complete, email to your local course co-ordinator and/or admin hub as appropriate

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<b>Additional Information</b>	
<b>Students Failing to Attend</b> (name and state if admin informed)	
<b>Declared Injuries</b> (student's name, injury details, state if fit to train and if under care of OHU)	
<b>Injured Students</b> (student's name, injury details and confirm accident/ injury form submitted additionally to SCOPE recording)	
<b>Techniques Not Practiced</b> (name of student, technique and reason)	
<b>Students Leaving Having Failed to Complete Full Course</b> (name of student and techniques missed)	
<b>Details of any Issues Arising as a Result of E-learning Assessment</b>	
<b>Any Other Circumstances of Note</b>	